



## Bike for peace



**Welcome to Happy hour in Lillestrøm on Monday, 7 th of November.  
Our topic that day is Bike for peace\*!**

This year SLF *Lillestrøm og omegn* is celebrating its fifth birthday as a local group of the Norwegian Cyclists' Association! Therefore, we are inviting local cyclists to open meetings every month during 2016. We meet every month, one Monday evening at a local pub and one Saturday morning at a local café. Our aim is to contribute to a wider cycle culture in the area of Lillestrøm, nearby the Norwegian capital Oslo.

Our meetings are open for everyone, and we focus on one specific topic presented by one special guest. Monday, 7 th of November at 18:00 Frank Tomlinson, Vice President from the Norwegian based non-profit organization **Bike For Peace** will be our guest at Jekyll & Hide in Lillestrøm. He will share his expertise on Bike For Peace, both as an organization and as a wider phenomenon.

The Norwegian organization Bike For Peace seeks to initiate and develop a grassroots concern for the local environment, as well as creating an understanding of the national and global consequences of the actions of individuals, communities and campaigns. This evening we will learn how this organization works as they tell us about their bicycle tours in countries like Ukraine or Vietnam.

We will also spend some time talking about other Bike for peace projects and similar organizations like **Mountain to mountain** (supporting the Afghan National Women's Cycling Team and empowering women and girls in conflict zones in general), **ASF Team Norway** (supporting the German based organization **Action Reconciliation Service for Peace**), **Slow Roll Chicago** (using their bike rides to foster positive social change in **divided communities** in Chicago, and working towards more fairness and justice in **bicycle planning**), **Bike and build** (engaging young adults in cycling trips to benefit affordable housing in the U.S.) or the German based **Global Biking initiative** (organizing Bike for charity tours in Europe).

Welcome to Happy hour & keep cycling!

\* The "bike for peace" shown on the picture above is more than just another "Ghost bike" (remembering bicyclists being killed or hit on the street). Located close to Ground Zero and the 9/11 memorial in Manhattan, it reminds us of the September 11 attacks and the fact that many Bike for peace – projects aim to build bridges between nations with different cultures and languages. Thus, this invitation had to be written in English – although the main language at our cycle meeting will be Norwegian (jf invitasjon på norsk her)

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**Velkommen til Happy hour om og med Bike for peace på Jekyll & Hide i Lillestrøm på mandag 7. november 2016 kl 18!**

Denne dagen er det Frank Tomlinson, nestleder i den norske fredsorganisasjonen [Bike For Peace](#) som er vår gjest og sykkelekspert! Bike For Peace har som formål å sette fokus på arbeidet mot atomvåpen og arrangerer fredsritt på sykkel, f eks i land som Ukraine og Vietnam.

Tema denne kvelden er altså Bike for peace, både som organisasjon og som et internasjonalt fenomen. Vi skal da trolig også snakke om andre Bike for peace prosjekter og lignende organisasjoner som satser på sykkelen i sitt arbeid for fred og rettferdighet:

- [Mountain to mountain](#) som støtter Afghan National Women's Cycling Team og andre (syklende) kvinner i konfliktområder
- [ASF Team Norway](#) som støtter det internasjonale freds- og forsoningsarbeidet til den tyske organisasjonen Aksjon soningstegn fredstjeneste
- [Slow Roll Chicago](#) som jobber for en mer sosial og rettferdig byutvikling og sykkelplanlegging i Chicago
- [Bike and build](#) som gjennomfører sykkelturner for å rette fokus på en mer rettferdig boligpolitikk i USA
- [Global Biking initiative](#) som tilbyr Bike for charity sykkelturner i Europa for å støtte ulike barneprosjekter i mer enn 20 land

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(jf engelsk invitasjon her: [www.syklistene.no/2016/11/bike-for-peace/](http://www.syklistene.no/2016/11/bike-for-peace/))